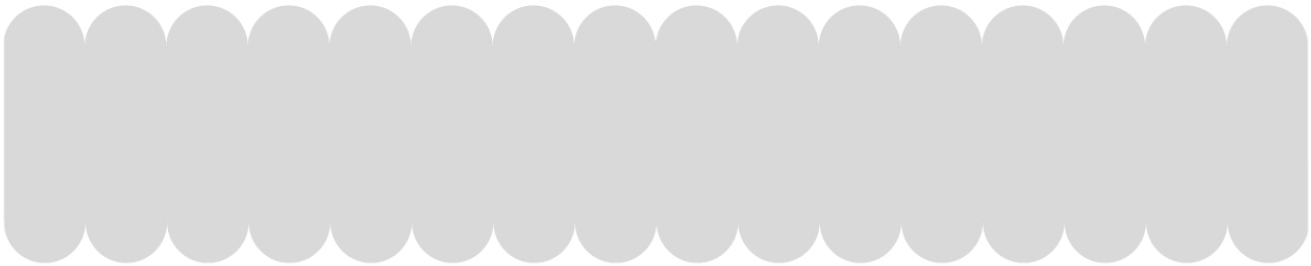




# MY Intentions for 2023

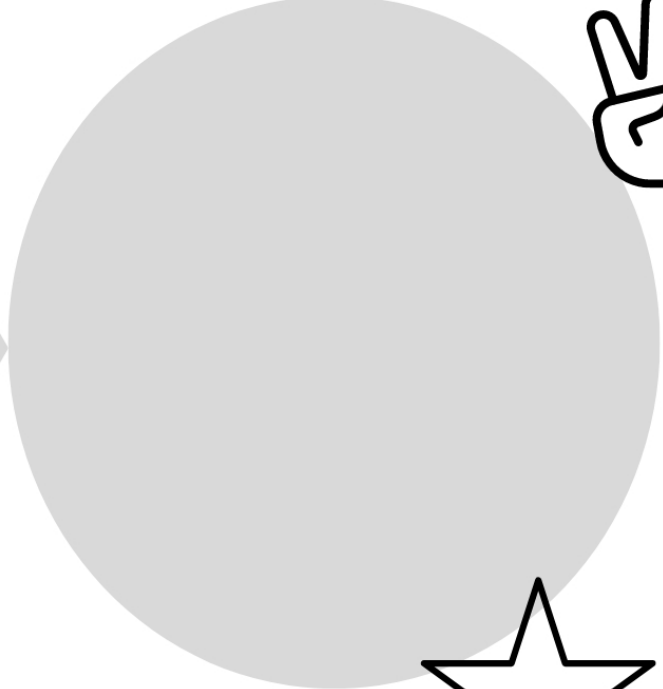
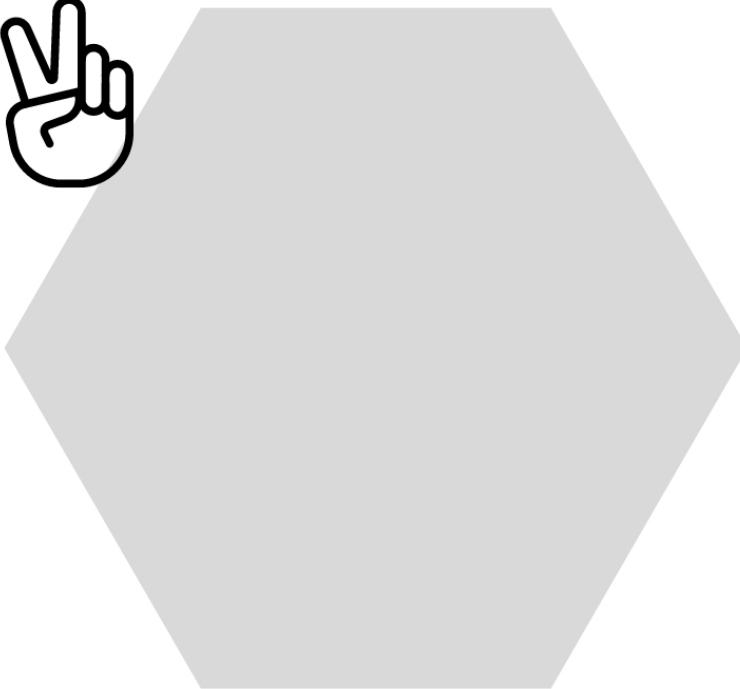


*In 2023 I want to FEEL..*



*Ways I can show myself  
kindness...*

*Ways I can show others  
kindness...*



*In 2023 I want to learn...*



"I commit to learning, loving, and growing."

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